What is the BPA?
The Bristol Psychotherapy Association (BPA) was established in 1977 to foster the development of psychotherapeutic work in Bristol. The BPA is an independent organisation which promotes the practice, study and teaching of counselling and psychotherapy. It does not itself provide training or accreditation, although CPD certificates are issued to attendees on request.

Evening meetings are normally held on Mondays in The Randall Room of All Saints Church at the Pembroke Road end of Alma Vale Road. Guest speakers come from a wide range of therapeutic disciplines.

Meetings
Meetings are free to members with an entrance charge (currently £10) for non-members. Refreshments are available during the evening. A bookstall may be provided at certain meetings.

Membership
Membership is open to anyone whose work or training involves them in practice, education or training in psychotherapy, counselling or related fields. Application forms can be obtained from the membership secretary or other committee members. Applicants should be supported by two existing members but if you do not know any BPA members or are new to the area, please feel free to introduce yourself to a member of the committee.

Special student discount this academic year – see website for details!

Website
The BPA Website includes information about forthcoming events, links to further material from speakers and other contributions of interest.

www.bristol-psychotherapy-association.org.uk
BRISTOL PSYCHOTHERAPY ASSOCIATION
2014–2015 Winter/Spring/Summer Terms

Monday 6th October, 2014
What's Wrong with Porn? - An exploration of the pleasure, the power and the perils of pornography
Paula Hall is a UKCP psychotherapist who specialises in sex and pornography addiction. She provides individual therapy and treatment programmes for people who struggle with compulsive behaviours and training for professionals who work with them. She is author of Understanding & Treating Sex Addiction (Routledge 2013) and is Chair of ATSAC. www.paulahall.co.uk

Monday 3rd November, 2014
From Short Term Fix to Relational Psychotherapy: Exploring the continuum of CBT
Jacqui Porter is interested in what links – and divides - different therapeutic models and will be exploring perceptions of ‘CBT’. After becoming Chartered as a Counselling Psychologist she completed four years post-graduate training in CBT and now provides therapy, supervision and training. Info: jacquiporter.co.uk

Monday 1st December, 2014
When a Monster Calls: Weaving a fabric of resources and resilience to support bereaved families
Kacey Leader leads the Bereavement Support and Counselling Services at St. Margaret’s Somerset Hospice, teaches on the degree modules in specialist palliative care accredited by Plymouth University and co-leads two day therapeutic workshops for bereaved children and families. somerset-hospice.org.uk/Patient+Care/Bereavement+services

Monday 19th January, 2015
Voice and Psyche: Sound, body, feelings and brain
Christina Shewell works internationally as voice coach/therapist in theatre, business and clinical settings, and was senior lecturer in voice and counselling skills at UCL. She is now a voice teacher for the Marion Woodman Foundation Body-Soul-Rhythms workshops. Her book, 'Voice Work: Art and Science in Changing Voices', addresses the continuum of normal-abnormal voice. shewellvoice.com

Monday 2nd February, 2015
Poetry, Healing and the Curious Soul: An experiential poetry reading
William Ayot is a poet, author, ritualist, and teacher. His three collections of poetry include E-mail from the Soul, (People's Book Prize Winner). He led initiatory Rites of Passage, set up the charity NaCOT, and runs “On the Border”, the poetry series in Chepstow. He is currently Poet-in-Residence at Oxford University’s Said Business School. williamayot.com

Monday 2nd March, 2015
Smoke Without Fire: The challenges of identifying and working with Parental Alienation
Dr Sue Whitcombe is a counselling psychologist working with those affected by highly conflicted relationship breakdown. Her writing on Parental Alienation has featured in The Psychologist and Counselling Psychology Review and she continues to research in this area. Her social enterprise, Family Psychology Solutions, delivers much needed affordable interventions, training and consultancy.

Monday 20th April, 2015
Every Picture Tells a Story: Engaging with a client's spontaneous use of drawings and sculpture
Brendan McLoughlin trained and then taught at the WPF from 1980. He was Chair of FPC and the Analytic Network. A former monk, he practises from a contemplative perspective. He is the author of Developing Psychodynamic Counselling, (Sage 1995). He is interested in the nature of mind and of difference. bjmcounsellingpsychotherapy.co.uk

Monday 18th May, 2015
Moments of Presence and Insight - clinical reflections on working with complex emotional processes
Margaret Lansdale is an experienced psychotherapist, supervisor and trainer. She was training director at the Chiron Centre for Body Psychotherapy in London and delivers CPD workshops and talks nationwide. She is particularly interested in working with complex trauma and the integration of mindfulness and compassion in psychotherapy. landale.uk.com

Monday 1st June, 2015
The Case of the Wiggly Seat
Nigel Wellings is a psychoanalytic psychotherapist and author who has a long interest in the relationship between psychotherapy and Buddhism and is a facilitator on The Bath and Bristol Mindfulness Courses. His most recent book Why Can’t I Meditate? How to get your mindfulness on track will be published by Piatkus February 2015.

All meetings are at the Randall Room, All Saints Church, at the Pembroke Road end of Alma Vale Road, Clifton (up 10 steps or level access through front of church to lift).
Evening meetings are at 7:30 to 9:30pm (doors open 7:15). Non-members £10