

BRISTOL PSYCHOTHERAPY ASSOCIATION
2011/12 - Winter/Spring/Summer Terms

Monday 3rd October, 2011

Focusing

Barbara McGavin, together with Ann Weiser Cornell have been developing Inner Relationship Focusing since 1994, exploring Focusing in some of the most difficult areas of life. Barbara is Certifying Coordinator for the Focusing Institute as well as Accrediting Mentor for the British Focusing Teachers' Association.

Monday 7th November, 2011

Reflections on the impact of addiction on society and self: how we can all contribute to a 21st century recovery model.

Dean Gustar is a qualified counsellor and supervisor who has worked in the field of addiction for the last 10 years. Currently he is the Treatment Service Manager at the Addiction Recovery Agency based in Bristol.

Monday 5th December, 2011

The Trauma of Exile

Born in Kurdistan, **Adil Jaifar** was forced to flee because of his struggles against an oppressive regime and threats to his life. During his 30 years in exile he has worked voluntarily as an interpreter, and for 14 years has given help and support to other exiled and traumatised people.

Monday 16th January, 2012

In and Out of the Frame: an exploration of the dance between shamanic practice and psychotherapy.

Anstice Fisher UKCP, is a psychotherapist and trainer and has been involved with Buddhism for over 30 years. She works as a shamanic practitioner with individuals and groups and teaches courses on Shamanism specifically for therapists and counsellors.

Monday 6th February, 2012

Working relationally: a postmodern approach to integration.

Els van Ooijen has a private psychotherapy and supervision practice in Bristol and is a visiting lecturer at the University of Wales/Newport. Together with her colleague Ariana Faris she developed the 'relational-integrative model'.

Monday 5th March, 2012

Emotional Impact of Adoption

Rosemary Baragwanath, Adoption Support Social Worker and **Carrie Quine**, Practice Manager/Social Worker and Adopter will be giving a presentation on the

issues arising from modern day adoptions from the perspective of the adoption triangle, and the issues practitioners need to be aware of.

Monday 2nd April, 2012

Creative writing in the counselling room: metaphor, meaning and mending broken stories.

Claire Williamson is a writer and practitioner in Therapeutic Writing. She is Programme Leader for Metanoia's MSc in Creative Writing for Therapeutic Purposes and has published a number of essays on the topic and two narrative poetry collections.

Monday 21st May, 2012

Healing through the arts: the role of creativity and imagination in psychotherapy.

Annie Fienburgh and Josie Eckoldt are Integrative Arts psychotherapists (UKCP) who use a variety of artistic modalities to facilitate their psychotherapeutic work with adults and children. Both have private psychotherapy and supervision practices in Buckinghamshire and Bristol respectively. Josie is also a European accredited EMDR practitioner.

Monday 4th June, 2012

Receiving: learn how Pesso Boyden therapists think about those who find it difficult to take in.

Many therapists are very good at giving out, but not so good at receiving. **Juliet Grayson** (UKCP Acc) will use concepts from the Pesso Boyden System Psychomotor to explore why that may be. www.therapyandcounselling.co.uk

All meetings are at the Randall Room, All Saints Church, at the Pembroke Road end of Alma Vale Road, Clifton (up 10 steps with lift then available). Evening meetings are from 7:30 to 9:30pm.