

**BRISTOL PSYCHOTHERAPY ASSOCIATION
2009/10 – Winter/Spring/Summer Terms**

Monday 5th October 2009

Title *EMDR in Psychotherapy Practice*
Speaker **Richard Mitchell** was trained in EMDR by Francine Shapiro in 1993/4. He is an EMDR Europe accredited trainer and also an accredited consultant and facilitator. Richard is the President of EMDR Europe Association and Director of the Trauma Centre, in Harley Street. He has worked internationally as part of the EMDR Humanitarian Assistance Programme to bring EMDR into countries where people have suffered major disasters.
www.emdrworkshops.com

Monday 2nd November

Title *The Broken Bowl:
Understanding depression in the analytic group*
Speaker **Gaynor Maxwell-Scott** trained as a group analyst with Group Analysis South West, Bristol. She also has a private practice working with individuals in Wiltshire. Gaynor has over 14 years experience of running groups in the not-for-profit sector, the health service and in schools. She is interested in exploring current neurological research into brain development alongside a group analytic model of therapy.

Monday 7th December

Title *The Impact of Cancer –
On self, family and particularly in the Workplace*
Speaker **Jan Simpson** is a trainer and integrative counsellor. She works mainly as Staff Counsellor at the Bristol Royal Infirmary. Three years ago she started SNAC, Staff Network After Cancer, and has been running groups and workshops for members of staff who have received a cancer diagnosis.

Monday 18th January 2010

Title *What is Embodied Relational Therapy?*
Speaker **Allison Priestman** works as a counsellor, body psychotherapist, supervisor and trainer in private practice in Stroud. With Nick Totton she co-leads a year long training course in Embodied-Relational Therapy. She is accredited through the Independent Practitioners Network. www.allisonpriestman.co.uk

Monday 1st February

Title *An Insight into Attachments & Neuroscience*
Speaker **Dr. Glynn Hudson-Allez** has a BSc (Hons) and a PhD in Psychology from the University of Bristol, and an MSc in Applied Forensic Psychology from the University of Leicester. She is a Chartered Psychologist on the BPS Register. She is an Accredited Psychosexual Therapist and on the UKCP Register. She is also a CPC Registered Counsellor and has a diploma and certificates in various forms of counselling. www.therapy4u.co.uk

Monday 1st March

Title *Working Systemically with Families , Couples and Individuals*
Speaker **Arianna Faris** is an experienced therapist, supervisor and freelance trainer. She has worked over the last 15 years in a wide

range of contexts including family therapy, student counselling, the addictions field, employee counselling, cross-cultural therapy and group work and in private practice. www.changetalk.co.uk

Monday 19th April

Title *The Invisibility of Whiteness within the Intersubjective Field of the Therapeutic Encounter*

Speaker **Judy Ryde**, PhD is a founder of Bath Centre for Psychotherapy and Counselling. She is the co-founder and past chair for Psychotherapists and Counsellors for Social Responsibility. Her book 'Being White in the Helping Professions: Developing Effective Intercultural Working', has been published. She leads a project for psychotherapy and counselling with refugees and asylum seekers. judy.ryde@cstd.co.uk

Monday 17th May

Title *A Matter of Fact " Can a dialogic approach to therapy taking into account embodiment and bodily memories be as healing as a "Mind over Matter" approach?*

Speaker **Judith Gregory** is a Gestalt Therapist in private practice who has been practicing for 25yrs. Judith was a founder member of Gestalt Southwest and a trainer at BCPC for 7yrs as well as being involved in the Gestalt training and personal development groups at UWE over a period of 20yrs.

Monday 7th June

Title *CBT and Disordered Eating*

Speaker **Janet Grey** is a CBT therapist with a particular interest in working with eating disorders and obesity. She is keen to dispel the view that CBT is clinical and mechanistic and she aims to demonstrate how CBT can work effectively within a caring therapeutic relationship.